



pennsylvania
DEPARTMENT OF HUMAN SERVICES

Sent via email to: [REDACTED]
MAILING DATE: February 1, 2016

Mr. Adam Devlin, President
Tri-County Respite, Inc.
5201 St. Joseph Road, PO Box 1001
Limeport, Pennsylvania 18060

RE: Mt. Trexler Manor
License # 216630

Dear Mr. Devlin:

As a result of the Department of Human Services' licensing inspection on November 4, 2015 of the above facility, the violations with 55 Pa.Code Ch. 2600 (relating to Personal Care Homes) specified on the enclosed License Inspection Summary were found.

All violations specified on the enclosed License Inspection Summary must be corrected by the dates specified on the License Inspection Summary and continued compliance with 55 Pa.Code Ch. 2600 must be maintained.

Sincerely,

Anne Graziano
Anne Graziano
Regional Licensing Administrator

Enclosure
Licensing Inspection Summary

Violation Report: 21883 - 11/04/2015 - Novak, Ryan
PCH Name: MT TREXLER MANOR

1. REGULATION 55 Pa.Code §2600

2600.42(b) - A resident may not be neglected, intimidated, physically or verbally abused, mistreated, subjected to corporal punishment or disciplined in any way.

2a. DESCRIPTION OF VIOLATION

On 10/28/16 at approximately 4:20pm Resident #1 hit Resident #2 with a chair. Resident #2 sustained a minor head injury, contusions to the face and abrasions to the right hand as a result of Resident #1's actions.

3. PLAN OF CORRECTION (POC) (Attach pages as necessary. Remember that you must sign and date any attached pages.)

Include steps to correct the violation described above and steps to prevent a similar violation from occurring again. If steps cannot be completed immediately, include dates by which the steps will be completed.

See attached

The Adm/Designee will continue to monitor resident interactions w/ both other residents and staff in ongoing efforts to identify behaviors and/or reactions and engage residents as proactively as possible to maintain resident and staff safety. These efforts will assist the home attain on-going compliance. of. 1-29-16

Repeat Violation: Yes

Date(s) of Previous Violation(s):

08/05/2015

03/25/2015

Signature of Legal Entity Representative
(Required on EVERY Page)

Printed Name and Title of Legal Entity Representative
(Required on EVERY Page)

Tracy Tarquin Stuckhorne

Date

12/29/15

DEPARTMENT USE ONLY - HOMES MAY NOT WRITE BELOW THIS LINE!

The above plan of correction is approved as of

1-29-16
(Date)

Plan of correction implementation status as of

1-29-16
(Date)

- Fully Implemented
- Partially Implemented - Adequate Progress
- Partially Implemented - Inadequate Progress
- Not Implemented

The above plan of correction was approved by

(Initials)

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Incident:

Resident #1 struck Resident #2 with a chair. The event appeared unprovoked as Resident #1 did not verbally respond to Resident #2 or vice versa prior to the event. Staff intervened when they heard the commotion. Resident #1 was redirected from the area and ran from the area when staff attempted to talk to [REDACTED]. Lehigh Valley Crisis was contacted and stated personnel were not available and recommended taking Resident #1 to a hospital for a psychiatric evaluation. Resident #1 was then monitored with 1-1 staffing until [REDACTED] was transported to Lehigh Valley Hospital (Cedar Crest) via ambulance for a psychiatric evaluation. While at the hospital, Resident #1 declined to consent to voluntary treatment or evaluation. Crisis personnel were contacted and claimed a representative would meet a MTM staff member at the hospital at approximately 11pm. This did not occur as crisis did not respond. Resident #1 stated [REDACTED] wants to hurt somebody and feels very aggressive. [REDACTED] then became physically aggressive and attempted to bite and scratch hospital personnel. [REDACTED] was placed in four point restraints. After a brief consult with the attending RN and social worker, it was decided that hospital staff would complete the petition for an involuntary hospitalization. Resident #1 was later admitted to Horsham Clinic.

Resident #2 was assisted to the med room and assessed for injuries. An ice pack was placed on [REDACTED] face and right hand. Resident #2 reported Resident #1 hit [REDACTED] with a dining room chair. When asked if [REDACTED] wanted to press charges, Resident #2 replied only if [REDACTED] comes back here. Resident #2 was transported to St. Luke's Quakertown Hospital for medical care. Resident #2 reported [REDACTED] face and right hand hurt. A CT scan of [REDACTED] head, sinuses and spine were completed. Resident #2 also received an x-ray of [REDACTED] right hand; results were negative. Results indicate a minor head injury, contusions to the face and abrasions to the right hand.

Corrective Action

Resident #1 remains in the hospital at this time. Alternative living arrangements are being considered while in the hospital.

Maintaining a safe environment is one of the paramount concerns of staff at Mount Trexler Manor. Our staff members routinely engage in trainings to ensure safety, including Safe Crisis Management skill building and medication education trainings to facilitate a positive, supportive environment for residents and staff. In response to the incident above, our team will continue to collaborate with Lehigh County Crisis and other community supports to encourage a safe and welcoming environment for residents, families, and allies.

Mount Trexler Manor staff will also continue to utilize effective communication methods to ensure that staff members are aware of residents who are actively experiencing behavioral health concerns. Shift-to-shift reports with clear behavioral observations and expectations will continue to be utilized to assist with sessions of increased monitoring. Strategies to assist the individual with current symptoms will include personalized wellness/coping skills to assist with managing strong emotions.

Staff members will continue to utilize the expertise of residents' treatment teams to assist with individualized safety planning. Collaboration with psychiatrists, nurses, individual therapists, and other supports, including families and allies, will continue to be the norm. Staff members will work to prevent future behavioral challenges through effective communication techniques that emphasize person-first, trauma-informed approaches. Staff members and residents will participate whenever possible in debriefing exercises to learn from each experience and adopt evidence-based practices to manage challenging situations. As needed, Lehigh County Crisis will be contacted in order to facilitate a higher level of care for those residents who may experience heightened behavioral health symptoms.

In addition to the strategies listed above Mount Trexler Manor has set a goal to become Sanctuary Certified. The mission of Sanctuary is to teach individual and organizations the necessary skills for creating and sustaining non-violent systems and to promote peace/safety. The Sanctuary Model is a



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blueprint for clinical and organizational change which, at its core, promotes safety and recovery from adversity through the active creation of a trauma informed community. In an effort to reach that goal we will take steps to pilot the Sanctuary Model in the home. We will also engage with an applied behavioral specialist to do a 10 hour assessment of our community for feedback on how to implement basic structure unique to our population and environment.

Our goal is proactive prevention and ensuring personal wellness.

Anne Throgmorton 01-29-16