



**MAILING DATE: August 5, 2013**

Sent Via email to: [REDACTED]

Mr. Adam Devlin, President  
Tri-County Respite, Inc.  
Mt. Trexler Manor  
5201 St. Joseph Road, PO Box 1001  
Limeport, Pennsylvania 18060

Dear Mr. Devlin:

As a result of the Department of Public Welfare's (Department) licensing inspection on February 22, 2013 and March 11, 2013 of the above personal care home, the violations with 55 Pa.Code Ch. 2600 (relating to Personal Care Homes) specified on the enclosed Violation Report were found.

All violations specified on the enclosed Violation Report must be corrected by the dates specified on the Violation Report and continued compliance with 55 Pa.Code Ch. 2600 must be maintained. As soon as each violation is corrected, notify the Department's Regional Office of Human Services Licensing so that compliance can be verified.

Sincerely,

*Anne Graziano*  
Anne Graziano  
Regional Licensing Administrator

Enclosure  
Violation Report



Violation Report: 21663 - 02/22/2013 - Novak, Ryan  
 PCH Name: MT TREXLER MANOR

**1. REGULATION 55 Pa.Code §2600**

2600.202 - The following procedures are prohibited:

- (1) Seclusion, defined as involuntary confinement of a resident in a room from which the resident is physically prevented from leaving, is prohibited.
- (2) Aversive conditioning, defined as the application of startling, painful or noxious stimuli, is prohibited.
- (3) Pressure point techniques, defined as the application of pain for the purpose of achieving compliance, is prohibited.
- (4) A chemical restraint, defined as use of drugs or chemicals for the specific and exclusive purpose of controlling acute or episodic aggressive behavior, is prohibited.
- (5) A mechanical restraint, defined as a device that restricts the movement or function of a resident or portion of a resident's body, is prohibited.
- (6) A manual restraint, defined as a hands-on physical means that restricts, immobilizes or reduces a resident's ability to move his arms, legs, head or other body parts freely, is prohibited.

**2a. DESCRIPTION OF VIOLATION**

On 7/24/12 at 1:00pm an internal report from the home notes Staff person A placed Resident #1 in a "upper torso" for 5 minutes. An "upper torso" is when the person implementing the restraint is immobilizing the person's arms from behind. This procedure is a physical restraint - which is prohibited.

On 2/19/13 at 1:00pm multiple Staff interviews indicate that Resident #2's ankles, upper legs and arms were held in place until the police department arrived and handcuffed Resident #2. This procedure lasted 10-20 minutes. This procedure is a physical restraint - which is prohibited.

**3. PLAN OF CORRECTION (POC) (Attach pages as necessary. Remember that you must sign and date any attached pages.)**

*Include steps to correct the violation described above and steps to prevent a similar violation from occurring again. If steps cannot be completed immediately, include dates by which the steps will be completed.*

*See attached*

*received policy via email 7-12-13*

Repeat Violation: No	Date(s) of Previous Violation(s):		
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Signature of Legal Entity Representative <i>(Required on EVERY Page)</i>	<i>Judith O. Yanacek</i>
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Printed Name and Title of Legal Entity Representative <i>(Required on EVERY Page)</i>	Date
<i>JUDITH O. YANACEK</i>	<i>4/24/13</i>

**DEPARTMENT USE ONLY - HOMES MAY NOT WRITE BELOW THIS LINE!**

The above plan of correction is approved as of <u>7-12-13</u> (Date)	Plan of correction implementation status as of <u>7-12-13</u> (Date)
The above plan of correction was approved by <u><i>oo</i></u> (Initials)	<input type="checkbox"/> Fully Implemented <input checked="" type="checkbox"/> Partially Implemented - Adequate Progress <input type="checkbox"/> Partially Implemented - Inadequate Progress <input type="checkbox"/> Not Implemented

## Plan of Correction

Retraining on PA 2600.201 (Safe Management Techniques) and PA 2600.202 (Prohibitions) for staff members has been ongoing since March 11, 2013.

Staff will receive additional training on positive interventions including milieu management, improving communications, reinforcing appropriate behavior, redirection, conflict resolution, violence prevention, praise, verbal/non-verbal de-escalation techniques, stages of change, motivational interviewing, the use of a resident's personal safety plan and prompting, escorting, and guiding a resident. Staff will be trained on how to use and document positive interventions during crisis situations.

Mount Trexler Manor's policy regarding safe crisis management will be reviewed and updated incorporating positive interventions which may include prompting, escorting, or guiding a resident in situations that may require immediate intervention by staff. Staff members will receive training on the amended policy at the staff meeting on 5/14/13, with all staff to be trained by 5/30/13. All new staff will receive training as part of the orientation process.

Residents will be encouraged to develop safety plans which may include triggers, positive coping skills, and strategies to stay safe. The resident's RASP will be updated, as appropriate, to include items on the individual's safety plan.

JUDITH O. YANACEK  
Judith O Yanacek  
Administrator  
4/24/13

4/24/13